### MTI - GKMC/BKMC SWABI

# DAWN TO DUSK

Dr. Sahibzada M. Khalid

### **Weekly News Bulletin**

Sunday September 5, 2021 -

#### **Editorial**

Tree Plantation play a vital role in combating climate change, which affects our According to the planet. United Nations climate change report of 2017, the average number of trees must be above 25% of the land in a particular country. However, according to current data on trees, only 3% of the land of Pakistan is covered with trees, which is the lowest ratio in the world. Pet a tree drive is a concrete step towards achieving the National target of ten billion plantations till 2023. The Gajju Khan Medical college students participated with full zeal and zest.

The Strengthening Participatory Organization (SPO) provided 210 fruit plants and Mr. Kashif ur Rahman Regional coordinator SPO played a vital role in the collaborative endevour. This collaboration was facilitated by Honourable Member BoGs Dr. Tufail Khan. He stated that "We took this option of planting trees because we believe in not fighting nature, but in making nature an ally to solve the issues that we have with nature."

### REMARKABLE ACHIEVEMENT Salute to Dr. Tarig & Team



Dr. Tariq conducted 130 Dialysis sessions successfully in the last 14 days and no patient returned unattended. Dr. Tariq and his assistant made it a reality to establish a state of art Dialysis unit.

## MONSOON PLANTATION DRIVE PET A TREE DRIVE AT MTI – GKMC/BKMC SWABI







### MENTAL HEALTH TRAINING COURSE FOR HEALTH PROFESSIONALS

The department of Psychiatry MTI- GKMC/BKMC, Swabi made deliberations upon a certificate course on Mental Health with the Pakistan Psychiatry Society. Two days course was agreed upon and the course was organized by the Pakistan Psychiatry Society in collaboration with the department of Psychiatry and behavioral Sciences under the patronage of Head of Department – Prof. Dr. Asif Kamal. Five renowned Psychiatrists facilitated the course. The participants of the course appreciated the facilitators and paid special thanks for organizing such a productive course. They urged for such nature courses in future.



Dr. Khalid Masud stated on the occasion of Pet a Tree Drive "Considering the manifold benefits of trees, including that they release oxygen into the air, absorb unpleasant odours as well as harmful gases such as carbon dioxide, carbon monoxide and sulfur dioxide from the air and purify it, protect us from dangerous ultra-violet rays, provide us with food as well.



Foreign (Coin) bodv was removed in the mid of night from the throat of small girl -Munaza by the ENT Surgeon Dr. Raza Khan and Dr. Ishaq Khan eminent Anesthetist. They were assisted by Mr. Tayab. Our Team is always ready to deal with any emergency at any time stated Dr. Ishaq Khan. He is a devoted, dedicated painstaking officer and always on toes even in the mid night to serve the humanity at large and the people of this district in particular.



Our Prayers follow you Young Officer -Dr. Ayaz Khan. May Allah Kareem Bestow you quick recovery without any loss of any kind Ameen.

### LOVE TO ALL, MALICE TOWARDS NONE

68

4-Sep

■ ICU

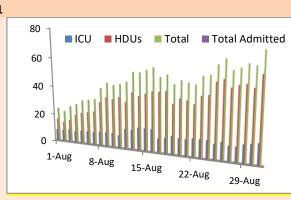
HDUs

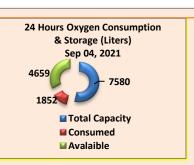
66

### DAWN TO DUSK

### CORONAL PATIENTS BED OCCUPANCY – SEPTEMBER 2021

The corona patient's rise started from the first week of August and reached to peak till mid and the trend thereafter continued. Around 93% of patients are recovered and discharged. The patients are screened at Triage and thereafter the suspected patients are investigated and those who fulfilled the criteria of admission are admitted and those who directly come with positive sign and symptoms are also admitted.





73

2-Sep

70

1-Sep

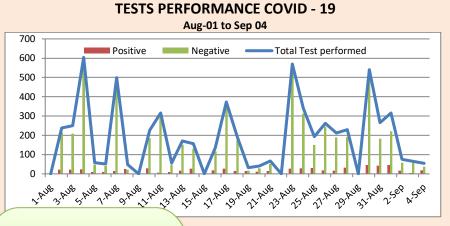
60

40

20

Aug 01 – Sep 04 Reflection





Infectivity Rate
August – 8.7 %
September – 16.6 %

Dr, Raza khan eminent ENT Surgeon removed foreign body (whistle) from left bronchus of 8 years old child at 10: 15 pm Saturday night. Dr, Raza Khan was assisted by Mr. Tayyab – paramedic supervisor and Mr. Sher Afsar – CT Anesthesia.

### John Donne

#### The Prohibition

TAKE heed of loving me,
At least remember, I forbade it thee;
Not that I shall repair my' unthrifty wast
Of Breath and Blood, upon thy sighs, and tears
By being to thee then what to me thou wast
But, so great Joy, our life at once outwears
Then, least thy love, by my death, frustrate bee
If thou love me, take heed of loving me

Take heed of hating me,
Or too much triumph in the Victory.
Not that I shall be mine own officer,
And hate with hate again retaliate;
But thou wilt lose the stile of conqueror,
If I, thy conquest, perish by thy hate.
Then, least my being nothing lessen thee,
If thou hate me, take heed of hating me

Yet, love and hate me too,
So, these extremes shall neither office doe;
Love me, that I may die the gentler way;
Hate me, because thy love is too great for me
Or let these two, themselves, not me decay
So shall I, live, thy Stage, not triumph bee
Lest thou thy love and hate and me undo
To let me live, O love and hate me too

#### METAPHYSICAL FLAVOUR

#### Dr. Sahibzada M. Khalid

When the sight of my eyes sent me on a journey of pitch darkness instead of a bright day, the language I was proud of to utter when she suddenly became dumb and needed a word, the words were lost like unseen water, strength of arms to whom I was proud of became paralyzed, I the one who danced and sang on the heartbeat, played the drum-mourning sound, I the one who was proud of his intellect and wisdom turned out to be a vain idea, I the one who was considered as an example of water of life turned out to be a mirage. Pride in the pursuit of one's desires turned out to be unsustainable, when the pursuit of the fulfillment of thousands of desires became futile.

Then i looked towards Bargah-e-Azujal and raised my hands and the voice came: O My servant, cry out to your loved ones, I will respond to their voice and restore the sight of your healed eyes, I will bless your weak tongue with eloquence and sweetness. I will settle your mourning heart, I will give you water of life from the mirage, I will give strength to your weak body and bless you with an involuntary distinction, I will give flow to your stubborn breath, I will give strength to your paralyzed mind, I will give you your desires. I will provide the means for the fulfillment of which I am beyond imagination, I will make your broken words effective with my power - because I live in their hearts and respond to the voice of their hearts.

